

FACE-TO-FACE PERSONAL SERVICE

CDPHP[®] Customer ConnectSM

Members and non-members can meet with a CDPHP health care advocate for help with:



BENEFIT AND
CLAIMS QUESTIONS



ID CARD REQUESTS



PLAN ENROLLMENT



NAVIGATING THE
CDPHP WEBSITE



PRIMARY CARE
PHYSICIAN CHANGES



SCHEDULING
DOCTOR APPOINTMENTS

LOCATIONS

CDPHP Customer Connect at Latham
First Floor | Capital Region Health Park
711 Troy-Schenectady Road | Latham

**CDPHP Customer Connect at the
Rudy A. Ciccotti Family Recreation Center**
30 Aviation Road | Albany

The Ciccotti Center also offers health and wellness opportunities, including SilverSneakers[®] fitness programs.

HOURS

Monday — Friday, 8:30 a.m. to 5 p.m.
(closed for lunch from 12:30 to 1 p.m.)

SCHEDULE AN APPOINTMENT

(518) 641-4400

www.cdphp.com/customerconnect



CDPHP® A Plan for Life

Connect with us!

Get fitness tips, wellness ideas, and more! Follow us on social and visit blog.cdphp.com.



Tell us what you think!

Join the CDPHP Insights™ online community and give your opinions on:



HEALTH CARE



NUTRITION



FITNESS



AND MORE

Yup, even if you're not a CDPHP® member.

insights.cdphp.com/join

Workout for free!

CDPHP members and non-members can work out for free at CDPHP Fitness Connect™ gyms throughout the Capital Region. Each fitness center includes a range of cardiovascular machines and strength-training equipment. Register online to receive a key tag for access to all locations.



www.cdphp.com/fitnessconnect

Visit www.cdphp.com to learn more about our programs and services.

